

Table 9-8. U.S. Navy Standard Air Decompression Table (Continued).

Depth feet/meters	Bottom time (min)	Time first stop (min: sec)	Decompression stops (feet/meters)															Total decom- pression time (min:sec)							
			200	190	180	170	160	150	140	130	120	110	100	90	80	70	60		50	40	30	20	10		
			60.9	57.9	54.8	51.8	48.7	45.7	42.6	39.6	36.5	33.5	30.4	27.4	24.3	21.3	18.2	15.2	12.1	9.1	6.0	3.0			
Exceptional Exposure																									
280 85.3	5	8:40																			2	2	13:20		
	10	8:00																	1	2	5	13	30:20		
	15	7:40																1	3	4	11	26	54:20		
	20	7:40																1	3	4	8	23	39	86:20	
	25	7:20															2	5	7	16	23	56	118:20		
	30	7:00														1	3	7	13	22	30	70	155:20		
	40	6:40													1	6	6	13	17	27	51	93	223:20		

Depth feet/meters	Bottom time (min)	Time first stop (min: sec)	Decompression stops (feet/meters)															Total decom- pression time (min:sec)							
			200	190	180	170	160	150	140	130	120	110	100	90	80	70	60		50	40	30	20	10		
Exceptional Exposure																									
290 88.4	5	9:00																			2	3	14:40		
	10	8:20																	1	3	5	16	34:40		
	15	8:00																1	3	6	12	26	57:40		
	20	8:00																3	7	9	23	43	94:40		
	25	7:40														3	5	8	17	23	60	125:40			
	30	7:20													1	5	6	16	22	36	72	167:40			
	40	7:00												3	5	7	15	16	32	51	95	233:40			

Depth feet/meters	Bottom time (min)	Time first stop (min: sec)	Decompression stops (feet/meters)															Total decom- pression time (min:sec)							
			200	190	180	170	160	150	140	130	120	110	100	90	80	70	60		50	40	30	20	10		
Exceptional Exposure																									
300 91.4	5	9:20																			3	3	16:00		
	10	8:40																	1	3	6	17	37:00		
	15	8:20															2	3	6	15	26	62:00			
	20	8:00														2	3	7	10	23	47	102:00			
	25	7:40													1	3	6	8	19	26	61	134:00			
	30	7:40													2	5	7	17	22	39	75	177:00			
	40	7:20												4	6	9	15	17	34	51	90	236:00			
	60	6:00									4	10	10	10	10	10	14	28	32	50	90	187	465:00		
	90	4:40				3	8	8	8	10	10	10	10	16	24	24	34	48	64	90	142	187	698:00		
	120	4:00			4	8	8	8	8	10	14	24	24	24	34	42	58	66	102	122	142	187	895:00		
	180	3:30	6	8	8	8	14	20	21	21	28	40	40	48	56	82	98	100	114	122	142	187	1173:00		