

Table 9-8. U.S. Navy Standard Air Decompression Table (Continued).

**200
60.9**

Depth feet/meters	Bottom time (min)	Time first stop (min:sec)	Decompression stops (feet/meters)										Total decompression time (min:sec)			
			130	120	110	100	90	80	70	60	50	40		30	20	10
			39.6	36.5	33.5	30.4	27.4	24.3	21.3	18.2	15.2	12.1	9.1	6.0	3.0	
Exceptional Exposure																
5	6:20														1	7:40
10	6:00													1	4	11:40
15	5:40												1	4	10	21:40
20	5:40												3	7	27	43:40
25	5:40												7	14	25	52:40
30	5:20										2	9	22	37		76:40
40	5:00										2	8	17	23	59	115:40
50	5:00										6	16	22	39	75	164:40
60	4:40									2	13	17	24	51	89	202:40
90	3:40					1	10	10	10	12	12	30	38	74	134	327:40
120	3:20				6	10	10	10	24	28	40	64	98	180		476:40
180	2:40		1	10	10	18	24	24	42	48	70	106	142	187		688:40
240	2:40		6	20	24	24	36	42	54	68	114	122	142	187		845:40
360	2:20		12	22	36	40	44	56	82	98	100	114	122	142	187	1061:40

**210
64.0**

Exceptional Exposure																
5	6:40														1	8:00
10	6:20													2	4	13:00
15	6:00												1	5	13	26:00
20	6:00												4	10	23	44:00
25	5:40										2	7	17	27		60:00
30	5:40										4	9	24	41		85:00
40	5:20										4	9	19	26	63	128:00
50	5:20								1	9	17	19	45	80		178:00

**220
67.0**

Exceptional Exposure																
5	7:00														1	8:20
10	6:40													2	5	14:20
15	6:20												2	5	16	30:20
20	6:00										1	3	11	24		46:20
25	6:00										3	8	19	33		70:20
30	5:40										1	7	10	23	47	95:20
40	5:40										6	12	22	29	68	144:20
50	5:20									3	12	17	18	51	86	194:20

**230
70.1**

Exceptional Exposure																
5	7:20														2	9:40
10	6:20												1	2	6	16:40
15	6:20												3	6	18	34:40
20	6:20												2	5	12	52:40
25	6:20												4	8	23	78:40
30	6:00										2	8	12	23	51	103:40
40	5:40									1	7	15	22	34	74	160:40
50	5:40									5	14	16	24	51	89	206:40