

Table 9-8. U.S. Navy Standard Air Decompression Table (Continued).

**Depth
feet/meters**

**140
42.6**

Bottom time (min)	Time first stop (min:sec)	Decompression stops (feet/meters)										Total decompression time (min:sec)	Repetitive group
		90	80	70	60	50	40	30	20	10			
		27.4	24.3	21.3	18.2	15.2	12.1	9.1	6.0	3.0			
10											0	4:40	*
15	4:20										2	6:40	G
20	4:20										6	10:40	I
25	4:00									2	14	20:40	J
30	4:00									5	21	30:40	K
40	3:40								2	16	26	48:40	N
50	3:40								6	24	44	78:40	O
60	3:40								16	23	56	99:40	Z
70	3:20							4	19	32	68	127:40	Z
80	3:20							10	23	41	79	157:40	Z

Exceptional
Exposure

90	3:00					2	14	18	42	88	168:40	**
120	3:00					12	14	36	56	120	242:40	**
180	2:40				10	26	32	54	94	168	388:40	**
240	2:20			8	28	34	50	78	124	187	513:40	**
360	2:00		9	32	42	64	84	122	142	187	686:40	**
480	2:00		31	44	59	100	114	122	142	187	803:40	**
720	1:40	16	56	88	97	100	114	122	142	187	926:40	**

**150
45.7**

5											0	5:00	C
10	4:40										1	6:00	E
15	4:40										3	8:00	G
20	4:20									2	7	14:00	H
25	4:20									4	17	26:00	K
30	4:20									8	24	37:00	L
40	4:00								5	19	33	62:00	N
50	4:00								12	23	51	91:00	O
60	3:40							3	19	26	62	115:00	Z
70	3:40							11	19	39	75	149:00	Z
80	3:20							1	17	19	50	176:00	Z

**160
48.7**

5												0	5:20	D
10	5:00											1	6:20	F
15	4:40										1	4	10:20	H
20	4:40										3	11	19:20	J
25	4:40										7	20	32:20	K
30	4:20									2	11	25	43:20	M
40	4:20									7	23	39	74:20	N
50	4:00								2	16	23	55	101:20	Z
60	4:00								9	19	33	69	135:20	Z

Exceptional
Exposure

70	3:40					1	17	22	44	80	169:20	**
----	------	--	--	--	--	---	----	----	----	----	--------	----

* See No Decompression Table for repetitive groups
** Repetitive dives may not follow exceptional exposure dives